



Medications to Stop Prior to Skin Testing

If you are scheduled for an allergy skin “scratch” testing, you must **stop** taking any medications that contain **antihistamines** as they will interfere with the results. Do not discontinue antidepressants/psychotropic medications or any other medications without first consulting with your prescribing physician. **Asthma medications** such as inhalers (i.e. inhaled steroid and bronchodilators), leukotriene antagonists (i.e. Singulair, Accolate) do not interfere with skin testing and therefore do **NOT** need to be stopped.

The following medications should be stopped 3 days prior to the skin testing:

GI Medications/Acid Reflex:

Axid
Cimetidine
Famotidine
Nizatidine
Pepcid
Ranitidine
Tagamet
Zantac

Antihistamine eyedrops:

Patanol (Olapatadine)
Zatidor (Ketotifen)
Alaway (Ketotifen)
Pataday (Olapatadine)
Emadine (emedastine)

Antihistamine Nasal Sprays:

Astelin (Azelastine)
Astepro (Azelastine)
Patanase (Olapatadine)
Dymista

The following are a list of medications that should be stopped 5 to 7 days before skin testing:

***most common**

Adapin	Clomipramine	Norpramin	Tandur
Advil Allergy	Cogentin	Nortriptyline (7 days)	Tavist
Advil PM	Comtrex	Nyquil	Temaril
Alavert	Contac	Pamelor	Theraflu
Allegra	Coricidin	Pediapcare	Tofranil
Allerhist	Cyproheptadine	Pediatan	Triaminic
Allertan	Desipramine	Periactin	Triavil
Amitriptyline (7 days)	Dimetapp	Phenergan	Trimipramine (7 days)
Anafranil	Diphenhydramine	Polyhistine	Trinalin
Antivert	Doxepin (7 days)	Promethazine	Tylenol Allergy
Asendin	Dramamine	Protriptyline (7 days)	Tylenol Cold
Atarax (7 days)	Drixoral	Pyribenzamine	Tylenol PM
Atrohist	Durahist	Remeron	Unisom
Aventyl	Duratan	Resperidone (7 days)	Vicks
BC Cold	Dytan	Risperdal (7 days)	Vivactil
Benadryl	Elavil	Robitussin Cough, Cold & Allergy	Xyzal (7 days)
Bentyl	Etrafon	Rynatan	Zonolon
Benzotropin	Excedrin PM	Ryneze	Zyrtec
Biohist	Fexofenadine	Semprex	
Bonine	Hydroxyzine (7 days)	Seroquel (7 days)	
Brompheniramine	Imipramine (7 days)	Sinequan	
Carbinoxamine	Limbitrol	Singlet	
Cetirizine	Loratadine	Sominex	
Chlortrimeton	Ludiomil	Sudafed Cold & Allergy	
Clarinet	Levocetirizine (7 days)	Surmontil	
Claritin	Marezine	Tacaryl	
Clemastine	Meclizine		

If your symptoms will not allow it or you have any problem with stopping any of the medications listed, please contact our office at (818) 561-4533