

How to use the Aerochamber

1. Remove cap
2. Shake inhaler and insert in back of Aerochamber
3. Place mouthpiece in mouth (or mask over mouth and nose)
4. Press the canister once to release a dose of the drug
5. Take a deep, slow breath in. (If you hear a whistling sound, you are breathing in too quickly)
6. Hold breath for about ten seconds, then breathe out through the mouthpiece
7. Breathe in again but do not press canister
8. Remove mouthpiece from mouth and breathe out
9. Wait a few seconds before a second dose is taken and repeat steps 2-8

*Rinse out Aerochamber with hot water every 2 weeks

